

Needham Youth Track Club's

GREAT BEAR RUN

Pollard School, 200 Harris Avenue, Needham MA

Sunday, May 19, 2019

5K Run (all ages)	10:30	<ul style="list-style-type: none"> • 7 Races !! Adult runs, Kids races, Fitness, Walking • Trophies to all age group 1st, 2nd, and 3rd place finishers • Medals to all other participants • Live Entertainment • Multi-color all-cotton T-shirt to first 950 registrants • Teddy Bears for all kids ages 0 – 12 • \$100 to 5K winners, \$300 to first runner breaking 14:45 ! • Trophies & cash awards in age-based adjusted scoring
1 Mile Run (all ages)	12:15	
1 Mile Fun Walk / Run (all ages)	12:17	
1 Mile Prostate Cancer Walk (all ages)	12:18	
Tiny Tot Bearathon (ages 0-3)	1:00	
100 Meter Dash (ages 4 - 5)	1:30	
200 Meter Dash (age 6)	2:00	
400 Meter Run (ages 7 - 12)	2:15	

The 5K Run is dedicated to the memory of Talia Newfield and Adrienne Garrido

NOTE: Sorry, Due to town & insurance regulations, baby strollers are not permitted.

Race Fees	Rec'd by May 13	Received by May 16	Race Day
Entry (age 0-14)	\$22	\$23	\$24
Entry (age 15+)	\$30	\$35	\$39
Extra Event	\$12		

Send registration form to:

Needham Youth Track Club
53 Coulton Park
Needham MA 02492

Make check payable to
"Needham Youth Track Club"

Race Benefits Prostate Cancer Research

Needham Track Club Web Site: www.needhamtrack.org Online registration: www.greatbearrun.org

Great Bear Information Number: (781-856-4088) Email Address: needhamtrackclub@gmail.com

-----OFFICIAL REGISTRATION FORM (photocopies OK)---NO REFUNDS-----

Name _____ Sex _____ Age _____ Date of Birth _____
(on 5/19/2019)

Street _____ Town & State _____ Zip _____

Event: **5K Run** **1 Mile Run** **400 Meter** **200 Meter** **100 Meter** **Bearathon** **1 M Walk/Run / Cancer Walk**
(Circle) (all ages) (all ages) (age 7-12) (age 6) (age 4 - 5) (age 0 - 3) (all ages)

T-Shirt Size: circle one 2-4 6-8 10-12 14-16 Small Medium Large XL XXL
-----Child Sizes----- Adult Sizes-----

I am medically able and properly trained to participate in this event. I assume all risks associated with participating including, but not limited to: falls, contact with other participants or spectators, the effects of weather, traffic and conditions of the road, all such risks being known and appreciated by me. I, for myself and anyone entitled to act on my behalf, waive and release the Needham Youth Track Club, the Town of Needham, USATF, and all sponsors, their representatives and successors for all claims or liabilities of any kind arising out of my participation in this event. No dogs, headsets, baby strollers.

Signature _____ Date _____ Phone _____
(parent of guardian in under 18)

I want to be a Virtual Runner (wont't be at race 5/19) ___ YES Email: _____

RACE VOLUNTEERS-We need you! Name _____ email needhamtrackclub@gmail.com for info

_____ YES - I agree to having a Great Bear Run sign in my yard (I will be entered into drawing for free GBR registration.)